

Annatto-E®

150 mg or 300 mg of Delta- and Gamma-Tocotrienols



FOUNDATIONAL HEALTH



Vitamin E consists of eight forms within two categories (tocotrienols and tocopherols). There are also four different tocotrienols and four different tocopherols. Each form has a slightly different structure and imparts unique properties that influence its function and effects on the body. Most conventional supplements are typically rich in tocopherols (alpha-tocopherol, in particular). However, the tocotrienol forms of vitamin E have unique effects across various body systems that make them desirable for the support of many aspects of health and overall wellness.*

Various common Western food sources contain vitamin E, such as wheat, rice, oats, and corn. Yet, the annatto seed is the richest known source of naturally occurring tocotrienol. Annatto is a tree native to Latin America. Annatto seeds are free of tocopherols and contain only tocotrienols in the forms of delta- and gamma-tocotrienols.* Annatto-E® contains annatto-derived tocotrienols to promote clinical efficacy in two different serving size options of 150 mg and 300 mg.*

The tocotrienols in Annatto-E® may support cardiovascular, skin, eye, bone, and lung health and may also promote a healthy inflammatory response.* Owing to these benefits, Annatto-E® may be clinically relevant to the general population.* Furthermore, perhaps the best-known role of the vitamin E compound is its support of antioxidant status, which may promote healthy aging and overall metabolic health.*

Although tocopherols may have beneficial effects on their own, they may potentially interfere with the clinical benefits of tocotrienols.* For this reason, it may be best to take tocotrienols independently of any other supplement containing alpha-tocopherols or separate the intake of each by at least 6 hours.*

Benefits*

- Supports vitamin E status
- Promotes metabolic and cardiovascular health
- Supports antioxidant status and a healthy inflammatory response
- Supports lung, skin, and eye health
- Supports healthy bones

Recommended Use

Take 1 softgel per day or as directed by your health-care practitioner.

Highlights

- Delivers synergistic, clinically beneficial forms of vitamin E tocotrienols*
- Sourced from annatto, the richest known source of naturally occurring tocotrienols
- Annatto-E® is made with DeltaGold®, containing 100% tocotrienols and 0% tocopherols
- Annatto-E® 150 contains 150 mg of delta- and gamma-tocotrienols per serving
- Annatto-E® 300 contains 300 mg of delta- and gamma-tocotrienols per serving
- Gluten-free, dairy-free, and soy-free
- Non-GMO

To contact Designs for Health, please call us at (860) 623-6314 or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.