

# OmegAvail™ TG1000

1,000 mg of Omega-3 per Softgel



FOUNDATIONAL HEALTH



OmegAvail™ TG1000 is a highly concentrated, non-GMO fish oil that contains an impressive 1,000 mg of omega-3 fats per softgel. Each softgel provides 662 mg of eicosapentaenoic acid (EPA) and 250 mg of docosahexaenoic acid (DHA), along with other omega-3 fats. Unlike many other fish oil supplements, the omega-3s in this formula are provided in the triglyceride (TG) form, which is the same way they occur naturally in fish and other seafood. This form of triglyceride is most easily recognized and absorbed by the body.

Our bodies require a variety of different fats to maintain optimum health. Two of these are omega-6 and omega-3 fatty acids. These fatty acids are essential to our bodies because the body cannot produce them, so they must be supplied through our diet or supplementation. As a result of

industrialized farming practices and modern food processing, the American diet is much higher in omega-6s in relation to omega-3s. Most people do not consume cold water fish regularly, although they are the best food source of omega-3s. Therefore, supplementation may be beneficial to help maintain a healthy balance of fatty acids.\*

## Omega-3 Fatty Acids

EPA — Supports brain health, positive mental outlook, skin health, normal cholesterol metabolism, and a healthy inflammatory response\*

DHA — Supports proper brain development, vision, normal triglyceride metabolism, eye development, cell membrane integrity, and a healthy pregnancy for expectant mothers\*

## Benefits\*

- Supports healthy triglyceride and cholesterol metabolism
- Supports normal immune and normal inflammatory responses
- Promotes healthy cardiovascular and metabolic function
- Supports cell membrane health and joint health
- Promotes brain health
- May help support positive mental outlook
- Supports skin, hair, and eye health

## Recommended Use

Take 1 softgel per day or as directed by your health-care practitioner.

DeltaGold® is a registered trademark of American River Nutrition, LLC and is protected by US Patent Number 8,586,109.

## Highlights

- Features 1,000 mg of omega-3 fats, including 662 mg of EPA and 250 mg of DHA per softgel
- Sustainably sourced Marine Stewardship Council (MSC)-certified wild Alaskan fish oils
- Vitamin E isomers (as DeltaGold® delta- and gamma-tocotrienols) for enhanced stability and protection from rancidity
- Lipase enzyme added to support digestion and absorption\*
- Triglyceride (TG)-bound omega-3 fish oils (as TruTG™) for enhanced bioavailability — the same form naturally found in fish
- Molecularly distilled and filtered to ensure purity and to maximize the removal of metals, pesticides, PCBs, and other contaminants

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To contact Designs for Health, please call us at (860) 623-6314 or visit us on the web at [www.designsforhealth.com](http://www.designsforhealth.com).

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.